



Dear Educators,

The intent of this letter is to familiarize you with Anasazi Foundation and its “Making of a Walking” educational curriculum.

Anasazi Foundation is a non-profit (501c3) behavioral healthcare provider that utilizes remote outdoor settings for the treatment and care of youth and young adults. It is licensed under JCAHO, the Arizona State Department of Human and Health Services, and the Arizona Department of Economic Security. Anasazi is also accredited through AEE (Association for Experiential Education) and OBH (Outdoor Behavioral Health). Academically, we have partnered with Northridge Learning Center/Dorius Academy, which is accredited by Cognia. Learn more about Cognia at Cognia.org.

Each day on the Anasazi Trail provides new learning experiences, both interpersonal and academic. Staff members are present 24 hours a day, offering their assistance and expertise. Clinical therapists and educators also visit the trail to teach, monitor the progress, and set goals with participants. Each participant is given a series of booklets to help in the learning process. Their coursework is completed during their Anasazi walking experience. If the student completes all the components of our academic curriculum, the student may attain credits in:

04-02-00-00-40 Individual Lifetime Activities - outdoor recreation (0.50)

40-20-00-00-10 Advanced Individualized Lifetime Activities (0.50)

25-02-00-00-052 Character Education (0.50)

60-10-00-00-73 Language Arts Elective (0.50)

40-10-00-00-10 Health Education II (0.50)

If you have any questions regarding the academic aspect of our program, feel free to contact me at Carley@anasazi.org

Sincerely,

Carley George
Educational Director
Anasazi Foundation

Anasazi Foundation Course Descriptions

04-02-00-00-40 Individual Lifetime Activities - outdoor recreation (0.50)

CORE: As applied to an outdoor setting, students learn motor skills, movement patterns, efficient movement, and performance. Students understand how to maintain healthy levels of fitness to support outdoor physical activities. Students develop cooperative skills and behaviors through communication and respect for self and others. Students learn the personal value of outdoor physical activities as a tool for wellness, challenges, and interacting with appropriate social skills.

40-20-00-00-10 Advanced Individualized Lifetime Activities (0.50)

ELECTIVE: Students continue to develop their outdoor skills and build on the foundations learned in ILA.

25-02-00-00-052 Character Education (0.50)

ELECTIVE: Students learn the acquisition, internalization, and application of commonly held and time-honored principles which promote optimal personal growth, establish an upright citizenry, and support the common good. Students develop personal qualities.

60-10-00-00-73 Language Arts Elective (0.50)

ELECTIVE: Students concentrate on enrichment reading, literary introspection, sharing, conveying thoughts and feelings.

40-10-00-00-10 Health Education II (0.50)

CORE: Students learn health foundations and protective factors, mental and emotional health, safety, and disease prevention, substance abuse prevention, nutrition and human development.

Frequently Asked Questions

What does it cost?

There is no additional cost. Earning these school credits is an opportunity each child has when walking the trail at the Anasazi Foundation.

Can these classes take the place of Core Classes?

The courses are accredited and transferable. With that being said, it is up to the institution they are transferred to, to decide how they will interpret the credits. All courses can be used as elective classes. Often institutions are willing to use them in place of relevant core classes. We encourage you to work with your child's school counselor to see how best to use these credits to further your child's education.

Can my child complete homework from their high school while on the Anasazi Trail?

No. Our mission is to prepare families to turn their hearts toward each other and begin anew. Removing ourselves from distractions – including traditional homework.

Can all of the coursework be completed while on the Anasazi Trail?

Yes. All coursework will be completed while your child is on the trail during the program.

When is the transcript issued?

A transcript will be issued two weeks after students exit from the program. The official transcript will be mailed to the home address listed with Anasazi Foundation. A PDF copy of the transcript will also be emailed to the address listed. You may also request a copy mailed or emailed to the school of your choice. Please reach out to Dixie.evans@nlcda.com or Carley@anasazi.org for this request.

Does Anasazi offer other courses?

Not at this time. However, Northridge Learning Center offers students a complete high school curriculum with many options. Please visit their website for more information:

<http://northridgelearningcenter.com/>

Accreditation



Northridge Learning Center and the Anasazi Foundation have built a unique educational relationship that provides a benefit to students. Students enroll in Northridge Learning Center's standards-based courses to earn course credit from an accredited distance learning school. Courses are aligned to national and state academic standards to meet accreditation requirements. Northridge Learning Center provides the official transcript upon completion of the coursework.

Northridge Learning Center is accredited through Cognia. Cognia has recently merged with AdvaceED holding. Cognia is dedicated to advancing excellence in education worldwide. The North Central Association Commission on Accreditation and School Improvement (NCA CASI), Northwest Accreditation Commission (NWAC), and the Southern Association of Colleges and Schools Council on

Accreditation and School Improvement (SACS CASI) are accreditation divisions of Cognia.

Northridge Learning Center's curriculum meets the high-quality standards for sound educational programs of all the accreditation associations and commissions.

This accreditation covers Northridge Learning Center's educational courses in all six North American accrediting regions as well as internationally.

Northridge Learning Center and Anasazi Foundation's educational relationship, based on high standards, provides the opportunity for students to work with their school counselor to best transfer these credits to their school of choice.

Sincerely,

Carley George

Education Director

Carley@Anasazi.org